



## WHAT TO BRING ON CAMP

Welcome to Exodus Adventures!

We are looking forward to you coming to our beautiful property at Buccarumbi to experience a whole lot of challenges. In your time with us you will have the opportunity to undertake a number of different activities: outdoor camping, raft building, whitewater canoeing, low & high ropes, navigation and hike.

### WHAT TO BRING ON CAMP

- ☐ Good walking shoes (if you get new ones for the camp please wear them in before the camp)
- ☐ 2<sup>nd</sup> set of shoes "water shoes" / Wetsuit booties / or old sandshoes (these need to be lace up, zip or velcro - **no slip on shoes**)
- ☐ Sleeping bag (down or high quality synthetic filling)
- ☐ Clothes (3 x T-shirts & shorts, 3 x underwear & socks, 1 x long sleeved shirt or thermal top)
- ☐ Warm pants, jacket/jumper (wool or fleece) & beanie for nights (jeans will not keep you warm - track pants of thermal long-johns preferred) [It can get cold at night]
- ☐ Long shorts ([board shorts] to stop sunburn, harness rubbing and chaffing)
- ☐ Hat
- ☐ Raincoat (in case)
- ☐ Torch (spare batteries)
- ☐ 2 litre water bottle (can be 2 x 1 litre - old soft drink bottles are good)
- ☐ Toiletries (toothbrush and toothpaste (small or almost empty tube), deodorant, lip balm, sunscreen)
- ☐ Toilet paper
- ☐ Small bottle of insect repellent
- ☐ Personal First Aid kit (paracetamol, band-aids, elastoplast, personal medication if required)
- ☐ 1 x small towel

### ON THE WATER (1 set only)

- ☐ Long sleeved light cotton shirt/rash shirt (no singlets allowed when canoeing or swimming)
- ☐ Long board shorts - quick dry pants
- ☐ Thermal top or wetsuit or old woollen vest or cag (waterproof spray top)
- ☐ Cap with visor to wear under helmet, to keep sun off face

*Please note that we will provide you with meals, plates, cups and cutlery.*

### DO NOT BRING ANY ELECTRONIC ITEMS

Phones, radios, MP3 players, game boys / PSP. Most likely it will get wet and be damaged! There is no electricity, and no telephone reception on the property. Any devices discovered on your person will be confiscated for your personal interest and kept by Exodus staff until end of the camp.

If you get a chance to do some walking before you come to Camp that will be beneficial; especially if you have new walking shoes.

We are excited to be able to work with your school to provide you with a fun and challenging camp. See you in December!